

JANUARY

F.L. Moffett Menu

Questions or
Comments?

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Monthly Promotion

Winnie the Pooh Day- Jan 18th

Did you know?

New Year's Day traditions vary from culture to culture, but many believe foods such as collard greens, black eyed peas, pork, and grapes bring good fortune and health. So eat up for a happy belly and a happy new year!

Fresh Fruit &
Vegetable Bar
Served Daily!



This institution is an equal
opportunity provider.

Monday

Tuesday

Wednesday

Thursday

Friday

1 <i>Happy New Year</i>	2 WINTER BREAK	3 WINTER BREAK	4 WINTER BREAK	5 WINTER BREAK	
8 Breakfast Jumbo Waffles Lunch Hot Dog *Cheesy Nachos Green Beans	9 Breakfast Honey Chicken Sandwich Lunch Grilled Cheeseburger Sun Butter/Jelly Sand. Baked Beans	10 Breakfast Breakfast Pizza Lunch Spaghetti/Meatballs Chicken Alfredo Boiled Carrots	11 Breakfast Biscuits & Gravy Lunch Ham & Cheese Wrap Crispy Corn Dog Steamed Broccoli	12 Breakfast Yogurt Parfait Lunch Country Fried Steak Baked Chicken Tenders Mashed Potatoes	
15 Breakfast Golden Pancakes Lunch Juicy Hamburger Turkey / Cheese Sub Green Beans	16 Breakfast Eggs/ Buttery Toast Lunch Juicy Hot Dog Fish Nuggets / Roll Baked Beans	17 Breakfast Breakfast on a Stick Lunch Crispy Corn Dog Ham Wrap Boiled Carrots	18 Breakfast Golden Morning Roll Lunch Spaghetti/Meatballs Chicken Alfredo Steamed Broccoli	19 Breakfast Mini Blueberry Waffles Lunch Grilled Chicken Sandwich Beef Fingers Peppered Corn	
22 Breakfast Breakfast on a Stick Lunch Juicy Hamburger Crispy Corn Dog 5 Way Mixed Veggies	23 Breakfast Sausage Biscuit Lunch *Goey Grilled Cheese Chicken Nuggets Potato Wedges	24 Breakfast French Toast Sticks Lunch Zesty Orange Chicken Breaded Fish Filet Fresh Broccoli	25 Breakfast Eggs / Buttery Toast Lunch Juicy Hot Dog Italian Wrap Steamed Carrots	26 Breakfast Blueberry Pancakes Lunch *Cheesy Nachos Breaded Chicken Sandwich Charro Beans	
29 Breakfast Jumbo Waffles Lunch Juicy Hot Dog Cheesy Nachos Green Beans	30 Breakfast Honey Chicken Sandwich Lunch Grilled Cheeseburger Sun Butter/Jelly Sandwich Baked Beans	31 Breakfast Breakfast Pizza Lunch Spaghetti/Meatballs Chicken Alfredo Boiled Carrots	*Vegetarian Option (or vegetarian upon request)		
				Fresh Fruit Selection & Reduced Sugar Cereals Available Daily at Breakfast 	

Breakfast Meal Price: Paid Free / Reduced Free Lunch Meal Price: Paid \$2.55 / Reduced \$0.40 Adult Meal Price: \$3.55