

SEPTEMBER

Elementary Menus



Questions or Comments?

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Did you know?

All grains served in the café are whole grains! Whole grains are packed with fiber to keep you full & focused in the classroom!



SFE This institution is an equal opportunity provider.

Monday

Tuesday

Wednesday

Thursday

Friday

*VEGETARIAN OPTION AVAILABLE UPON REQUEST.



Fresh Fruit Selection & Reduced Sugar Cereals Available Daily at Breakfast

3

HAPPY LABOR DAY

4

Breakfast
 Breakfast on a Stick

Lunch
 Cheesy Nachos
 Crispy Corn Dog
 Grilled Cheeseburger
 Charro Beans

5

Breakfast
 French Toast Sticks

Lunch
 Tater Tot Casserole
 Chicken Tenders/Roll
 Spaghetti/Meatballs
 Steamed Carrots

6

Breakfast
 Chicken Biscuit

Lunch
 Pepperoni Pizza
 Chef Salad/Crackers
 Meatball Sub
 Tater Tots

7

Breakfast
 Imiti Blueberry Pancakes

Lunch
 Sun Butter/Jelly Sandwich
 BBQ Chicken/Roll
 Orange Chicken
 Green Beans

10

Breakfast
 Blueberry Loaf

Lunch
 Swedish Meatballs
 Grilled Cheeseburger
 Cheesy Nachos
 Broccoli Florets

11

Breakfast
 Golden Sausage Roll

Lunch
 Ham/Cheese Sandwich
 Bean/Cheese Burrito
 Hot Dog
 Peppered Corn

12

Breakfast
 Pineapple Parfait

Lunch
 Spaghetti/Meat Sauce
 Chicken Alfredo
 Breaded Beef Fingers
 Mixed Vegetables

13

Breakfast
 Egg/Potato Burrito

Lunch
 Chili/Cheese Baked Potato
 BBQ Rib Sandwich
 Crispy Corn Dog
 Baked Beans

14

Breakfast
 Cinnamon Rolls

Lunch
 Chicken Taco Salad
 Chicken Tenders
 Pepperoni Pizza
 Steamed Carrots

17

Breakfast
 Golden Pancakes

Lunch
 Chicken Taco/Rice
 Breaded Chicken Sandwich
 Cheesy Enchiladas/Rice
 Black Beans

18

Breakfast
 Eggs/English Muffin

Lunch
 Chicken Parmesan
 Juicy Hamburger
 Crispy Chicken Wrap
 Peppered Broccoli

19

Breakfast
 Orange Muffin

Lunch
 Cheesy Nachos
 Chicken Caesar Salad
 BBQ Chicken/Roll
 Green Beans

20

Breakfast
 French Toast Sticks

Lunch
 Ham & Cheese Wrap
 Cheesy Chili Mac
 Cheese Quesadilla
 Crinkle Cut Carrots

21

Breakfast
 Breakfast on a Stick

Lunch
 Cheese Pizza
 Breaded Beef Fingers
 Zesty Orange Chicken
 Crinkle Cut Fries

24

Breakfast
 Breakfast Pizza

Lunch
 Sun Butter/Jelly Sandwich
 Cheesy Nachos
 Chicken Alfredo/Breadstick
 Steamed Carrots

25

Breakfast
 Egg & Cheese Big Bite

Lunch
 Cheese Crisp
 Crispy Corn Dog
 Fish Filet
 Charro Beans

26

Breakfast
 French Toast Sticks

Lunch
 Turkey Sub
 Spaghetti/Meatballs
 Orange Chicken/Rice
 Steamed Broccoli

27

Breakfast
 Pineapple Parfait

Lunch
 Ham/Cheese Sandwich
 Grilled Cheeseburger
 Popcorn Chicken/Roll
 Crinkle Cut Fries

28

Breakfast
 Egg/Cheese Taco

Lunch
 Crispy Chicken Wrap
 Cheese Pizza
 Breaded Beef Fingers
 Green Beans

Breakfast Meal Price: FREE Lunch Meal Price: Paid \$2.55/ Reduced \$0.40 Adult Meal Price: \$3.55